



## **Newsletter Dedicated To Natural Healing and Wellness**

[Natural Healing, Natural Wellness Summer Issue Now Available at www.topricin.com](http://www.topricin.com)

Rhinebeck, NY (Vocus) July 28, 2010

The summer issue of “Natural Healing, Natural Wellness” is now available to the public free of charge. Published by Topical BioMedics, Inc., Rhinebeck, NY, the quarterly newsletter launched this year focuses on natural ways individuals can live healthy, vibrant lives. It features information, articles, and tips from experts in such diverse areas as nutrition, green living, massage therapy and fitness, stress management, aromatherapy, dream work, and other disciplines, as well as insights from Lou Paradise, President and Chief of Research of Topical BioMedics.

The latest issue includes a cover story by Mr. Paradise on coping with fibromyalgia. Other contributors include green living expert and author Annie B. Bond; certified dream work facilitator and Woodstock, NY’s most noted radio talk show host Doug Grunther; fitness expert, Manhattan massage therapist, and former pro bodybuilder Laurie Towers; aromacologist Joan Apter; author, chef, and holistic nutrition and health counselor Alexandra Jamaison; director of outpatient nutritional services at Northern Dutchess Hospital in Rhinebeck, NY Roufia Payman; and authors and stress management experts Nancy Butler-Ross and Michael Suib.

“Natural Healing, Natural Wellness” is available at [www.topricin.com](http://www.topricin.com) and can be downloaded at no charge.

Topical BioMedics, Inc., is the research and development leader in topical regulated natural medicines for pain relief. The company’s flagship product, homeopathic Topricin® Pain Relief and Healing Cream, was introduced in 1994 and is now a leading natural therapeutic brand. It was awarded a patent in April 2010 for the treatment of pain associated with fibromyalgia. The Topricin family of natural healing products also includes new Topricin Foot Therapy Cream, specially formulated to treat foot and ankle issues, and Topricin Junior for children, introduced in Was 2009 to address the safety issues and concerns of parents and doctors in the pediatric pain relief category. All Topricin products are FDA-regulated over-the-counter medicines.

Topricin is available in pharmacies, natural food stores, and retailers nationwide — including Whole Foods, Vitamin World, Fred Meyer, and Wegmans — as well as direct from Topical BioMedics.